

Theatre & Effective Communication Workshop, Mar 13, 2021

A workshop on “Theatre & Effective communication” was organised for Design and management students of UPID Noida on Mar 13, 2021.

The Workshop was organised under the guidance of Mr. Prakhar Gupta, a Professional Theatre artist and Director - Antarman Theatre Group, Firozabad. The main aim of the workshop was to understand the importance of Navrasa (Emotions) in day to day life. The session involved cognitive exercises, speech exercises, imagination and other theatre related exercises.



 **UPID**
Uttar Pradesh Institute of Design
at UPES, Noida, Uttar Pradesh, India

Theatre and Effective Communication Workshop

By
Antarman Theatre Group, Firozabad



- Better understanding of Navras (Emotions)
- Improvement in communication skills
- Helps in stage fright
- Improvement in cognitive skills
- Improves innovation and creativity
- Overall personality development
- Confidence booster
- Stage productions

 13th March, 2021
10:00 am

 UPID, Noida

Limited seats - 20 Only



Speaker
Prakhar Gupta
Professional Theatre Artist

Session poster

Image Gallery



Dr. Kumar Sambhav (Asso. Professor) felicitating Mr. Prakhar Gupta (Theatre Artist)



Participants performing skit on Panchatantra stories